

# The Legacy Center for Student Success



**We're Working  
"Together For Kids"**

3200 James Savage Rd. Suite 5 • Midland, MI 48642.

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[www.blcssa.org](http://www.blcssa.org)

# Together For Kids 2006



**A learning opportunity for parents  
and others who touch the lives of children.**

**Saturday, November 4, 2006 • 7:45 a.m. - 4:00 p.m.  
H.H. Dow High School • 3901 N. Saginaw Rd. • Midland, MI 48640**

**Keynote Speakers: Chick Moorman & Thomas Haller  
“Enlightened Parenting”**

Enlightened parenting is an approach toward raising children that comes from the heart and offers an inspirational blend of love and guidance. It helps parents connect to their children soul to soul. Parents will learn how to hold children in a state of grace, even as they hold them accountable for their behaviors. It will help them to communicate love and caring while simultaneously implementing necessary positive parenting.

**Conference Fee:** \$30 individual registration fee is non-refundable.  
Fee includes continental breakfast, lunch, door prizes, workshops, and keynote speech.  
Free totes to the first 200 registrants. For information, call 989-631-5892 ext. 129.

**F - Family    E - Elementary    T - Teens    C - Children    O - Birth-6 yrs.**

18. **Family Meals – Feeding To Support Normal Growth.** Mary Jane Hofelich, MS, RD, CSP, Clinical Dietitian, MidMichigan Medical Center-Midland  
Participants will learn what they can do to support healthy eating and normal growth. Discuss benefits of structured meals/snacks; list child's responsibility related to eating. **F**
19. **Leading To Reading.** Char Taber, MLS, Youth Services Librarian, Grace A. Dow Memorial Library  
Participants will learn 6 skills that will greatly facilitate their child's ability to learn; interact with their child to build language and literacy skills; have fun with their child as they raise a reader. **O**

**Session C ~ 12:30 p.m. Workshops OR Second Lunch**

20. **Good Grief! Helping Children/Teens Deal With Loss And Transitions.** Debra Miller, MSW, Bereavement Coordinator, MidMichigan VNA/Hospice  
Participants will learn to identify losses and transitions for children and teens that may cause feelings of grief; develop an awareness of how children understand loss, based on developmental stages; learn activities and ways to talk to children and teens to facilitate good grief. **F**
21. **How To Inspire Children To Write.** Reese Haller, Author, Haller's Healing Minds, Inc.  
Participants will learn to identify the steps in writing that help children capture their ideas and experiences; learn how to turn everyday experiences into captivating books; inspire their children with a love of writing. **C F**
22. **The 5 Voices of Effective Parenting.** Chick Moorman, Director, Institute for Personal Power  
This session will help participants identify their predominate parenting voice and how using other voices strengthens their parenting style. "If the only tool you have is a hammer, you tend to treat everything as if it were a nail." Add more tools to your parenting tool box with this session. **F**
23. **Planning for A Real Life In The Community.** Jan Lampman, BA, Executive Director, the Arc of Midland  
Participants will learn about resources in the community for young adults; learn about alternatives to guardianship which foster safety and full participation in community; begin to think about new possibilities for the young person with a developmental disability. **T**
24. **Beyond Back To Sleep.** Whitney Scholtens, LMSW, Pre & Post Natal Service Coordinator, Family and Children's Service of Midland  
Participants will understand the importance of K.I.S.S. their baby; know the risk reducing techniques for preventing SIDS; know the importance of becoming an advocate of safe infant sleep. **O**
25. **Beatles, Boundaries and Band-aids.** JoAnne Clagg, RN, Founder and President, YES! Coalition  
Participants will learn practical ways to encourage and help youth make positive choices and set appropriate boundaries; participants will be equipped to assist youth identify verbal and non-verbal "con-games" as related to sexual risk taking. **T**
- \* 26. **Children Are Our Messengers Into The Future – What Message Do We Want To Send?** Dr. Pamela Ecaris, Research Fellow/ Lisa Bis, Research Associate, The Legacy Center for Student Success, MA, Ed.D  
Participants will recognize the impact adults have on the lives of children/youth; recognize the importance of each adult's interaction with all youth in their community; gain a greater desire to build assets in the lives of all Midland County youth. **F**

**Session D ~ 1:45 p.m. Workshops**

27. **Where do Babies Come From? Talking to Your Young Child About Sex.** Kathleen Schaar, RN, BSN, Midland County Department of Public Health  
Participants will learn ways to approach this topic and handle questions with their children; identify stages of development in children ages 3 – 10; identify techniques to help your child be comfortable talking to you about sex. **O F**
28. **Banishing Bedtime Blues and Ending Morning Madness.** Thomas B. Haller, Director, Haller's Healing Minds, Inc.  
Participants will identify 3 powerful steps to ending morning madness; learn 5 usable strategies to help your children manage their mood; implement indispensable techniques for reducing bedtime power struggles. **O E**
29. **Eliminating Negative Behaviors.** Chick Moorman, Director, Institute for Personal Power  
Participants will learn to use new verbal skills to eliminate a negative behavior in their child; stay consistent with their verbal responses until the undesired behavior is eliminated; learn a useful strategy for teaching children desired behaviors. **F**
30. **What Every Parent Needs To Know.** Gaye Terwilliger, BS, MA, Executive Director of Circle of Health; Justin Newman, BS, Prevention Specialist; START Youth Coalition will assist workshops:  
Through skits, role playing and humor (don't worry, the START kids will perform for you) participants will better understand how to effectively communicate and engage difficult conversations about substance use and sex with their middle and high school teen(s), understand the intensity of peer pressure, learn about the power of movies and media on our kids, how to network with other parents and what to do if you suspect your youth is using substances. **T**
31. **Teen Stress: You Can Help!** Mary Lou Ecken, LMSW, MPH, Education and Training Connection, Camp Iknowme  
Participants will come away defining stress and identifying its symptoms; create a "stress plan", identify ways to help teens manage stress. **T**
32. **Saving Our Children From "Nature Deficit Disorder".** Rachel Larimore, BS, Director of Education, Chippewa Nature Center  
This session will describe at least 4 benefits of outdoor play to children; list at least 3 activities adults can do with their child to engage them in outdoor play; identify at least 3 resources for additional information regarding outdoor play. **F**
33. **Working Together To Eat Better.** Lisa Trelber, BS, Extension Educator, MSU Extension  
Participants will learn to plan quick nutritious family meals for nights on the run; understand changing needs for growing teens; learn basic meal planning tips and tricks for time savings. **T F**
34. **"What Every Mom Needs"** Glenda Newton, Council Coordinator, MOPS International  
Participants will recognize that Moms have needs too; understand how MOPS can help fill those needs. **O**

## **Did you remember to...**

- ...indicate workshop choices?*
- ...indicate special needs?*
- ...enclose your payment?*
- ...make check payable to Midland County ESA?*

## **TFK is a community collaboration including:**

Midland County Educational Service Agency  
Circle of Health Partnership  
Coleman Community Network  
Midland County Department of Public Health  
Success by Six  
First Baptist Church  
The ROCK  
Midland Cancer Services  
West Midland Family Center  
Midland County Child Protection Council  
Chippewa Nature Center  
MidMichigan Medical Center-Midland  
Midland City Police Department  
MITech+  
Arnold Center  
North Midland Family Center  
Mid-MI Community Action Agency  
The Legacy Center for Student Success  
42nd Circuit Court-Family Division/Foster Care  
Midland Public Schools  
Catering by Rachel  
Chuck Côté  
Midland Daily News  
WMPX  
Quick Reliable Printing  
NEMCSA Headstart

## **Sponsors**

Midland County Child Protection Council  
Dow Chemical Company Foundation  
Kiwassee Kiwanis  
Rollin M. Gerstacker Foundation  
Midland Noon Rotary

*For Emergency use only on day of conference - call 989-859-6692*

Local residents should listen to MCTV or WMPX 1490 AM for cancellation notice due to inclement weather. Area businesses and organizations will have displays with information and products for purchase available throughout the conference.

For more information about Together For Kids, call 989-631-5892 ext. 129. • <http://togetherforkids.homestead.com>